

# Costa Rica's new 'sustainable gastronomy' strategy responds to need for more integrated food policies.

**1 January 2020, San José.** After months of consultation with major food system actors at national level, the government of Costa Rica officially launched its first National Plan on healthy and sustainable gastronomy" as a means to transform unsustainable food consumption and production in an integrated way.

*The implementation of this strategy will require collaboration across several ministries, including Agriculture, Education, Health, Environment, Tourism, and Culture. The Plan leverages everyone's desire for a tasty, healthy, and fun meal to drive change in current consumption habits and how these shape production upstream...*

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# WHY?

- ▶ Example of inclusive multi-stakeholder policy-making
- ▶ Example of inter-Ministerial collaboration
- ▶ It uses gastronomy to:
  - work from consumption to production;
  - tackle several outcomes such as public health, climate change, biodiversity, nutrition, etc.

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More information: [www.oneplanetnetwork.org/sustainable-food-system](http://www.oneplanetnetwork.org/sustainable-food-system)

Thank you!



**One planet**  
eat with care

Sustainable  
Food Systems